

- Going to Hospital
- Care at Home and in the Community
- Tests, Treatments and Procedures
- Engage Us
- **Aboriginal Health**
- Allied Health Professional Practice
- Centre for Pain and Disability Management
- Children and Women's Health
- Diagnostic Imaging
- Emergency Services
- Grief and Bereavement Services
- Health Promotion
- Hyperbaric Medicine
- Infection Prevention and Control
- Laboratory Medicine
- Long-Term Care
- Medicine Program
- Mental Health and Addictions
- Pastoral Care and Ethics
- Palliative Care
- Public Health
- Rehabilitation and Continuing Care Services
- Surgery
- Centre for Nursing Studies
- How We Care for You
- Privacy and Confidentiality

Aboriginal Health

Eastern Health's **Aboriginal Patient Navigator (APN) Program**, introduced in 2009, is a bridge between Aboriginal communities and their culture and their respective health professionals.

Aboriginal patient navigators support Aboriginal patients and their families navigate the complexities of the health-care system. The APN program offers support to First Nations, Inuit and Metis people who are referred to St. John's for medical treatment. With assistance from the APN, patients and their families have a better understanding of their diagnosis, health-care plans and treatment options.



Aboriginal patient navigators are also patient advocates, assisting and guiding the organization and other health providers to incorporate Aboriginal cultural aspects into health-care services.

What does an Aboriginal patient navigator do?

Aboriginal patient navigators do a number of things to help their patients feel more at ease in the hospital setting, they:

- provide referral, advocacy and support to Aboriginal patients to help them access the most appropriate health care and community services;
- arrange for translation services in Innu-Aimun and Inuktitut if required, to ensure patients and families understand the care provided;
- escort patients to medical appointments; and
- make recommendations for, and assist with, accommodations, discharge planning and access to medical supplies.

Contact information

The Aboriginal Patient Navigator office is located in the:

Women's Health Centre (across from the Tim Horton's on the main patient entrance)
Health Science Centre, St. John's
 Monday to Friday
 8:00 a.m. to 4:00 p.m.

To contact an Aboriginal patient navigator, please call: **709-777-2199** or **709-777-2110**.

To learn more about this program, please read some of the [stories regarding Aboriginal Health services at Eastern Health](#).

Links

- [St. John's Native Friendship Centre](#)
- [Aboriginal Patient Navigator Poster – Eastern Health \(PDF\)](#)

Resources for health professionals

Eastern Health's **Provincial Cancer Care Program** has developed a series of Aboriginal resources to support cancer care. Please follow the links below to access them:

- [Cancer care glossaries and teaching aids](#)
- [My Journal](#) booklet and posters
- [Community and clinic profiles](#)

