

[Services](#)

## Postnatal Benefit Program

### Social Development

Description

Contacts

### Overview

Under this program, new mothers are provided with financial assistance to encourage a healthy lifestyle, including a wholesome diet, in the first 4 months after giving birth

### Eligibility

To be eligible, new mothers must:

- Be a resident of New Brunswick
- Proof of newborns birth
- Net annual family income must be less than \$29,000.

### Description

This program offers financial aid for new mothers to offset the increased cost of food. This benefit (\$60/month) may be paid to eligible new mothers for a maximum of four months after the birth of their baby.

Benefits will be paid separately from any other social assistance benefits the new mother may be receiving.

### Related Links

[Early Childhood Development](#)

[Prenatal Benefit Program](#)